

Autism & Positive Behaviour Support (PBS)

This workshop examines behaviour and how educators and support workers can support people by applying positive behaviour support strategies.



Behaviour is a form of communication. Although a person may not be saying words, it is clear through their behaviour and body language that they are telling us something. People may not have the skills or language to explain 'in the moment' what they are thinking or what is concerning them. Positive behaviour support is an established evidence-based practice for supporting Autistic people in all stages of life. Positive behaviour support is an individualized and comprehensive approach that can be used for understanding and addressing challenging behaviours.

Workshop Outline

- » Why behaviour occurs
- » How to understand certain behaviour
- » How to be proactive with strategies individualised to the person to support positive behaviour.

Part one - 4 hours

- » Principles of behaviour
- » Exploring challenging behaviours
- » Theory behind PBS
- » Identifying behaviour suitable for PBS case study
- » Describing and understanding behaviour and the role of data collection

Part two - 4 hours

- » Writing a behaviour Plan
- » Analyzing data
- » The function of behaviour
- » Teaching replacement behaviours
- » Planning for the continued use of PBS in your workplace

Learning Outcomes

- » A greater understanding of what drives certain behaviours
- » The development of a positive behaviour support plan for a current behaviour of concern
- » Tools for changing an environment so that a person is involved in meaningful and positive relationships with others resulting in decreasing the frequency and severity of challenging behaviours

Delivery

This workshop is delivered face to face adhering to COVID safe practices. If it is assessed as the safest or most convenient option, this Professional Development workshop can be delivered online.

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