

# Understanding Autism: Best Practice for Support Workers

This 3-hour workshop aims to boost understanding of autism and increase confidence in interacting with and effectively supporting people on the autism spectrum.



**Autism Tasmania is committed to providing high quality training to the Disability Support sector.** This workshop has been specifically designed to increase the confidence and skills of disability support workers who may be working with Autistic individuals.

We know that high levels of knowledge and skills help to remove the unfair barriers to meaningful inclusion and participation. Your attendance will ensure the Autistic people you work with have an opportunity to access and participate fully in the community.

## Learning Outcomes

- » Knowledge in conducting support activities to promote and achieve person-centered outcomes
- » Capacity building to conduct support activities in the context of the underpinning values, philosophies, and standards of the sector
- » Knowledge of a range of best practice supports that can be implemented
- » Develop strategies for communicating effectively with autistic people
- » Tools for developing profiles of autistic people, focusing on their strengths and interests

## Facilitated Discussion

These are a unique and popular aspect of Autism Tasmania's training program and reflect the high value that our organisation places on the direct involvement of Tasmania's Autistic community in increasing autism awareness and acceptance within our state. Autism Tasmania engage Autistic Consultants with lived experience who are passionate about sharing their personal knowledge of autism with training participants.

## Delivery

Our interactive workshops are delivered by specialist educators and always include the voice of Autistic lived experiences.

This workshop is delivered in person or online if requested while strictly adhering to COVID safe practices.

If it is assessed as the safest or most convenient option, this workshop can be delivered online.

Please view our COVID safe training protocols on our website.

## Statewide Contacts

**(03) 6277 5000**

[autism@autismtas.org.au](mailto:autism@autismtas.org.au) | [www.autismtas.org.au](http://www.autismtas.org.au)

For more information about training please contact the Professional Learning & Development team at [learningpd@autismtas.org.au](mailto:learningpd@autismtas.org.au).

