

# Understanding Autism: Best Practice for Support Workers



This 3-hour workshop aims to boost understanding of autism and increase confidence in interacting with and effectively supporting people on the autism spectrum.

## A facilitated discussion with an Autistic Consultant is included.

These are a unique and popular aspect of Autism Tasmania's training program and reflect the high value that our organisation places on the direct involvement of Tasmania's Autistic community in increasing autism awareness and acceptance within our state. Autism Tasmania engage Autistic Consultants with lived experience who are passionate about sharing their personal knowledge of autism with training participants.

## Workshop Outline

- » The diagnostic process including assessment tools, diagnostic categories and core areas of impact
- » Key issues associated with, and the impact of, autism spectrum disorder for the person
- » An introduction to evidence-based strategies that can be integrated into current work roles
- » Engaging activities designed to broaden support workers' understanding of the characteristics of autism
- » Awareness of the sensory sensitivities that autistic people may be living with
- » Awareness of the thinking and understanding differences that autistic people may experience

## Learning Outcomes

- » Knowledge in conducting support activities to promote and achieve person-centered outcomes
- » Capacity building to conduct support activities in the context of the underpinning values, philosophies, and standards of the sector
- » Knowledge of a range of best practice supports that can be implemented
- » Develop strategies for communicating effectively with autistic people
- » Tools for developing profiles of autistic people, focusing on their strengths and interests

## Delivery

This workshop is delivered face to face adhering to COVID safe practices. If it is assessed as the safest or most convenient option, this Professional Development workshop can be delivered online.

## Statewide Contacts

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For more information about training please contact the Professional Learning & Development team at [learningpd@autismtas.org.au](mailto:learningpd@autismtas.org.au).

