



Early Days: Developing my Child's Eating Skills

A **FREE** workshop for parents and carers



earlydays

About our partnership with Early Days

Early Days provides workshops for parents and other family members of children aged 0-6 who have an Autism diagnosis or are awaiting an assessment.

A confirmed diagnosis is not needed to attend.

Learning Outcomes

This workshop helps you to:

- » Understand why autistic children may find eating challenging and how to help
- » Learn strategies for mealtime routines, how to embrace sensory differences, and assist fussy eaters

We tailor our workshops to the individual needs of our participants in order to provide the most relevant information and resources. All of our workshops are designed to be interactive for our participants including our online sessions.

Statewide Contacts

(03) 6277 5000

autism@autismtas.org.au | www.autismtas.org.au

For more information about training please contact the Learning & Development team at learning@autismtas.org.au.

If you have questions contact our Learning & Development team at learning@autismtas.org.au

Registration is essential. To register or see upcoming workshops online or in-person near you, visit our website at autismtas.org.au/learning-development-autism-community-workshop-calendar

