

Autism & Positive Behaviour Support (PBS)

This 2 part, 8-hour workshop examines behaviour and how educators and support workers can support people by applying positive behaviour support strategies.



Behaviour is a form of communication. Although a person may not be saying words, it is clear through their behaviour and body language that they are telling us something. People may not have the skills or language to explain 'in the moment' what they are thinking or what is concerning them.

Positive behaviour support is an established evidence-based practice for supporting Autistic people in all stages of life and it is an individualised and comprehensive approach that can be used for understanding and addressing challenging behaviours.

Learning Outcomes

- » A greater understanding of what drives certain behaviours
- » The function of behaviour
- » Theory behind PBS
- » Teaching replacement behaviours
- » The development of a positive behaviour support plan for a current behaviour of concern
- » Tools for changing an environment so that a person is involved in meaningful and positive relationships with others resulting in decreasing the frequency and severity of challenging behaviours
- » Planning for the continued use of PBS in your workplace

Session Format

This workshop is delivered in two 4-hour sessions, two weeks apart. Participants will be given tasks and strategies in the first session to put into place and discuss in the second session.

Delivery

Our interactive workshops are delivered by specialist educators and always includes the voice of Autistic lived experiences.

This workshop is delivered in person or online if requested while strictly adhering to COVID safe practices.

If it is assessed as the safest or most convenient option, this workshop can be delivered online.

Please view our COVID safe training protocols on our website.

Statewide Contacts

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For more information about training please contact the Professional Learning & Development team at learningpd@autismtas.org.au.

