

# Be Open to Autism: Autism 101

This 90-minute Professional Development workshop develops understanding about the diversity of autism strengths, challenges and opportunities. It grows knowledge, skills and confidence across the community.



**Together we can create a more inclusive and accepting world by simply taking the time to understand and appreciate people who make up our diverse community.**

Autism Tasmania delivers this “*Be Open to Autism*” Workshop as a foundational awareness building experience, with participants able to attend this as either a stand-alone workshop or as an access point for further professional training under our Learning and Development program.

## Learning Outcomes

- » Learn about autism, and how individuals may experience autism differently.
- » Understand how autistic people process information, and the types of support that may be of assistance.
- » Identify best-practice support strategies that can be easily applied in your environment.
- » Identify practical ways in which to be “open to autism”.

This workshop is for anyone who interacts/engages with autistic people and communities....**that is EVERYONE!**

## Statewide Contacts

(03) 6277 5000

[autism@autismtas.org.au](mailto:autism@autismtas.org.au) | [www.autismtas.org.au](http://www.autismtas.org.au)

For more information about training please contact the Professional Learning & Development team at [learningpd@autismtas.org.au](mailto:learningpd@autismtas.org.au).

## Delivery

Our interactive workshops are delivered by specialist educators and always include the voice of Autistic lived experiences.

This workshop is delivered in person or online if requested while strictly adhering to COVID safe practices.

If it is assessed as the safest or most convenient option, this workshop can be delivered online.

Please view our COVID safe training protocols on our website.

