



# Understanding Autism: Inclusive Practices

## 2-hour professional development workshop



**Autism Tasmania works hard to improve outcomes for the Tasmanian Autistic community.**

Autism is a type of neurodiversity. It highly complex and extremely diverse. It affects the way people sense, communicate, behave, and interact with the world. People experience their autism to different degrees, meaning that every autistic person is truly unique!

We know that widespread Autism understanding, and acceptance makes an enormous difference to an Autistic person. High levels of knowledge and skills lowers the unfair barriers to meaningful inclusion and participation. Our learning and development workshops effectively grow this understanding and acceptance.

There is so much to learn about Autism and the simple actions every person can take to better support a colleague, family member, friend, or client. Take the first step on this journey to make a difference to the Autistic community.

### Learning Outcomes

**Participants in our 2-hour introductory workshop will develop basic knowledge and skills about:**

- » Facts and Fiction about Autism.
- » The diverse sensory and behavioral differences that each Autistic person might have
- » How these differences can present both strengths and challenges for a person.
- » Best practice approaches for strength-based supports
- » Strategies for communicating effectively with autistic people
- » Autistic-friendly environments
- » Resources and support to continue to grow your knowledge and skills to better support an Autistic person

## Statewide Contacts

**(03) 6277 5000**

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For more information about training please contact the Professional Learning & Development team at [learningpd@autismtas.org.au](mailto:learningpd@autismtas.org.au).

**This is a 2-hour stand alone workshop designed for participants to gain a deeper knowledge of autism and how best to support a colleague, family member, friend or client.**

### Delivery

Our interactive workshops are delivered by specialist educators and always include the voice of Autistic lived experiences.

This workshop is delivered in person or online.

