



Autism and Puberty

A workshop for parents and carers

About Autism Tasmania's workshop

This 3 hour workshop is for parents and family carers of autistic children or those who show autistic characteristics. A confirmed diagnosis is not required. During this workshop we discuss how to prepare and support your child during this hormonal period. Come and learn about sensory impacts, hygiene routines and navigating changing relationships.

Learning Outcomes

This workshop helps you to:

- Explore the physical, emotional and social changes of puberty
- Gain strategies, resources and services that may be helpful for the whole family

Light refreshments provided at in person sessions. All workshops are designed to be interactive for our participants including our online sessions. We tailor our workshops to the individual needs of our participants in order to provide the most relevant information and resources.

Cost

- Online - \$10.00
- In Person - \$15.00

Exemptions available, please contact us as we strive to ensure our workshops are accessible for those who need them.

Registration at the event links provided is essential.

When: 10am - 1pm

Hobart: Thursday 13th June 2024

- <https://www.trybooking.com/COYJL>

Launceston: Tuesday 18th June 2024

- <https://www.trybooking.com/COYSI>

Burnie: Tuesday 25th June 2024

- <https://www.trybooking.com/COYLV>

Online: Wednesday 4th December 2024

- <https://www.trybooking.com/COYVD>

Statewide Contacts

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