



# Welcome to Autism

## An introductory workshop for parents and carers

### About Autism Tasmania's workshop

*This 4 hour workshop is for parents and family carers of autistic children or those who show autistic characteristics. A conformed diagnosis is not required. During this workshop we explain autistic characteristics, misinformation, diagnosis reports and supports available. Come and learn about masking, the double empathy problem and sensory profiles whilst gaining knowledge from autistic insight and experiences. Our workshops are a safe place to ask questions, share understanding and gain connection from other families in similar circumstances.*

### Learning Outcomes

This workshop helps you to:

- Develop your understanding of what it means to be autistic and how to best support your child
- Be empowered to advocate for your child
- Embrace autistic identity and culture

Light refreshments provided at in person sessions. All workshops are designed to be interactive for our participants including our online sessions.

### Cost

- Online - \$10.00
- In Person - \$15.00

*Exemptions available, please contact us as we strive to ensure our workshops are accessible for those who need them.*

**Registration at the event links provided is essential.**

**When:** 10am - 2pm

Online: Wed 10th April 2024

- <https://www.trybooking.com/COWVS>

Online: Tues 2nd July 2024

- <https://www.trybooking.com/COWXW>

Burnie: Thurs 17th Oct 2024

- <https://www.trybooking.com/COWUO>

Hobart: Tues 29th Oct 2024

- <https://www.trybooking.com/COWQT>

Launceston: Thurs 24th Oct 2024

- <https://www.trybooking.com/COWVD>

### Statewide Contacts

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