

Is This a Sensory Safe Space?

Top Ten Tips to Create an Inclusive Space

- ✓ Dim lights and where possible avoid the use of flurescent type lightbulbs
- ✓ Reduce or eliminate the noises of machinery like beeping scanners or doorbells
- ✓ Turn off background music
- ✓ Reduce the number of people in the space and lower speaking volume
- ✓ Identify a quiet space with seating available
- ✓ Provide a clear location for people to seek assistance on their own terms
- ✓ Maintain a comfortable ambient temperature
- ✓ Minimise artificial smells from sources like perfumes or candles
- ✓ Clearly mark directions to nearby toilets and exits
- ✓ Remove clutter and provide clear walkways



Statewide Contacts

(03) 6722 5000

autism@autismtas.org.au | www.autismtas.org.au

