# Autism Tasmania Peer Networks

Our Peer & Social Program consists of:

#### Peer Support the Autistic Way (PSAW)

Peer groups that aim to provide meaningful ways for autistic adults to connect with each other. The groups are codesigned by autistic adults and facilitated by them.

#### **Community Led Groups**

Peer groups for parents, carers and family members. Some include children with an accompanying parent/carer. Groups are led by autism community members and are supported by Autism Tasmania.

#### **Events**

Including quarterly Hobart Airport Tours, statewide Drop In Sessions and one off events

To learn more visit: <u>https://www.autismtas.org.au/</u> <u>services/peer-networks/</u> Our peer networks are a informal, non-therapeutic peer groups that meet regularly in an inclusive space. They are opportunities for our autistic community to be themselves, have fun, support each other, share interests and skills whilst embracing autistic culture.

Our groups are facilitated by autistic adults or autism community members who are passionate about the benefits of peer support and building community.

### **Register Your Interest!**



Registered members are contacted, first priority, when groups have openings or new groups commence



# Find a Peer Network Near You

#### Regional Autistic Engagement Network (North West)

This group has been started as a way to connect autistic adults 18+ based on the North West Coast of Tasmania with one another. Open

#### to new members

When: Fortnightly – 1st & 3rd Saturday of each month From: 10am – 12pm Where: 9 King Street Burnie

#### Hobart Late Diagnosed Group 30+

Peer support group for autistic adults aged 30+ years of age who have been diagnosed or selfidentified as an autistic adult.

#### Open to new members

When: Monthly – 1st Saturday of each month From: 10:00am – 11:30am Where: Level 2, 168 Collins Street Hobart

#### Hobart Young Adult Group Under 35

Peer support group for autistic adults aged 18 -35. Unless pre approved by facilitators currently closed to new members

When: Monthly – 1st Saturday of each month From: 1:30pm – 3:30pm Where: Level 2, 168 Collins Street Hobart

#### Northern Adult Group 30+

Peer support group for autistic adults aged over 30 years. Unless pre approved by facilitators currently closed to new members When: Monthly - 2nd Saturday of each month From: 1pm – 3pm Where: 39 Tamar Street Launceston

#### Autism Tasmania Members Facebook Group

This online group aims to help support our members by being a safe space to ask questions, give information, offer support and build community: <u>www.facebook.com/groups/892209</u> <u>651193100/</u>

#### **Kingsborough Parents Group**

Peer support group for parents, carers and family members of autistic children. Unless pre approved by facilitators currently Closed to new members

When: Monthly – 1st Thursday of each month From: 11:30am - 1:00pm Where: Kingston Neighbourhood House – 24 Hawthorn Drive



## **Statewide Contacts**

(03) 6722 5000 peersocial@autismtas.org.au | <u>www.autismtas.org.au</u>

# Find a Peer Network Near You

#### RAEN Parent's Peer Group (North West)

This group is for autistic parents and parents of autistic children of all ages. Unless pre approved by facilitators currently Closed to new members

When: Monthly – 3rd Saturday of each month From: 12:15pm – 2:15pm Where: 9 King Street Burnie

#### **NaturenAuts Hobart**

This group is for nature loving autistic adults who meet for mindful walks to discuss and observe the surroundings and the plant and animal inhabitants. Unless pre approved by facilitators currently Closed to new members When: Monthly – 3rd Saturday of each month From: 10:00am – 11:30am Where: Hobart region – various nature locations Our peer groups are either:

- Open anyone can attend / new members welcome
- Closed the group is at capacity and you are welcome to register for the groups waitlist for when a vacancy becomes available

Our facilitators advise if the groups are open or closed. This is to ensure we do not overload our members or facilitators and maintain a safe and supportive culture. It also helps make sure the groups are sustainable long term.

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