

# Be Open to Autism:

## **Understanding Autism/Autism 101**

This 90-minute Professional Development workshop develops understanding about the diversity of autism strengths, challenges and opportunities. It grows knowledge, skills and confidence across the community.



Together we can create a more inclusive and accepting world by simply taking the time to understand and appreciate people who make up our diverse community.

Autism Tasmania delivers this "Be Open to Autism" Workshop as a foundational awareness building experience, with participants able to attend this as either a stand-alone workshop or as an access point for further professional training under our Learning and Development program.

#### **Learning Outcomes**

- Learn about the diversity of autism, and how individuals may experience autism differently.
- Understand the common characteristics of autism and the difficulties autistic individuals may face in social, communication and behavioural domains.
- ldentify evidence-based strategies to support autistic individuals in a variety of different settings.
- Identify opportunities for ongoing learning about autism and practical ways in which you can become more "open to autism".

This workshop is for anyone who interacts/engages with autistic people and communities....that is EVERYONE!

### **Statewide Contacts**

(03) 6277 5000

<u>autism@autismtas.org.au</u> | www.autismtas.org.au

For more information about training please contact the Professional Learning & Development team at learningpd@autismtas.org.au.

#### Delivery

Our interactive workshops are delivered by specialist educators and always include the voice of Autistic lived experiences.

This workshop can be delivered in-person or on-line, whilst strictly adhering to COVID safe practices.

Please view our COVID safe training protocols on our website.





